Leaders & Managers!

INTERNATIONAL mBIT COACH Certification

The mBIT Coach Certification training is accredited by the ICF for CCEU points.

“Technical leadership is from the head, and adaptive leadership is from heart and gut” - Marty Linsky

A new field of leadership development is emerging, known as mBIT (multiple brain integration techniques).

It provides Leaders & Managers with tools to integrate head-based intellect with heart-based values and gut-based instinct.

This ensures increased levels of emergent wisdom in their decision-making, and for developing an expanded core identity as an authentic leader.

THE THREE BRAINS OF LEADERSHIP & MANAGEMENT

Harnessing the wisdom of the head, heart and gut brains for leadership and management

This new form is not about a particular leadership style or ‘type’ of leadership. It’s about the leader & manager themselves and their ability to emerge new levels of consciousness and wisdom in their decision-making.

Despite the abundant variety of leadership models available today, challenges seem to persistent.

This program will ensure outcomes that motivate the following:

- Staff engagement
- Execution on strategies, plans and actions
- Attracting and retaining talent
- Cultivating a performance culture
- Powerful decision making
- Increased self-awareness & self-management

The Highest Expressions of Leadership
Head brain – Creativity
Heart brain – Compassion
Enteric brain – Courage

ENQUIRE NOW
In-house programs for companies, teams and groups

For more information & bookings
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As the now well-validated field of Emotional Intelligence has shown, mental cognition and thinking processes alone are not sufficient for total success. And growing lists of leadership experts are weighing in saying that even IQ and EQ together don’t provide the full solution.

**Learn simple and powerful techniques to detect and overcome issues when your employee’s head, heart and gut brains are NOT aligned.**

*mBIT Certified Coaches continue to report that mBIT creates quicker and more lasting changes and is an elegant and powerful adjunct to their existing toolkits.*

The mBIT Toolkit equips you in:

- Intuition & self-awareness
- State management & self-control
- Courage, motivation & action-taking
- Achieving of Goals
- Decision-making & problem-solving
- Habit control & overcoming compulsions
- Health & well-being

**WHO SHOULD QUALIFY?**

- Healthcare Professionals
- Leaders, managers and mentors
- HR managers & practitioners
- Internal Company Coaches
- Talent Managers
- Professional coaches of all types
- Trainers and educators
- … anyone who needs to coach others to produce results that can only be achieved when head, heart and gut are aligned